

WORLD CLASS TRAP TIPS

FROM NORA ROSS



- 33 time All American
- 15 time All American Ladies Captain
- 30 time Trap & Field Average Winner
- 1990 Grand American Doubles Champion
- 170+ Grand American Trophies
- 260+ Satellite Grand Championships
- 120+ Southern Zone Titles
- 230+ Kentucky State Trophies
- ATA Trapshooting Hall of Fame Member

1. For the one eyed shooter:

Keep the gun pointed on the roof of the traphouse.

2. Have your gun properly adjusted to you:

Don't adjust yourself to the gun.

3. Practice in all conditions:

Be ready for competition shooting.

4. Trapshooting is a game of consistency:

Be consistent with your routine from start to finish on each shot.

5. No matter how bad it gets, don't ever give up!

To schedule a clinic and learn more about Nora Ross Shooting School, log on to www.noramartinross.com, or call **859-473-1622** /email nstarross@msn.com



WORLD CLASS TARGETS FOR WORLD CLASS SHOOTERS

1300 Post Oak Blvd., Ste. 680 Houston, TX 77056 800.322.7855 www.whiteflyer.com

West: 800.872.7888 East 800.423.6077 North Central: 574.772.3271 Midwest: 800.647.2898