

# WORLD CLASS TRAP TIPS

FROM NORA ROSS



- 33 time All American
- 15 time All American Ladies Captain
- 30 time Trap & Field Average Winner
- 1990 Grand American Doubles Champion
- 170+ Grand American Trophies
- 260+ Satellite Grand Championships
- 120+ Southern Zone Titles
- 230+ Kentucky State Trophies
- ATA Trapshooting Hall of Fame Member

**1. For the one eyed shooter:**

Keep the gun pointed on the roof of the traphouse.

**2. Have your gun properly adjusted to you:**

Don't adjust yourself to the gun.

**3. Practice in all conditions:**

Be ready for competition shooting.

**4. Trapshooting is a game of consistency:**

Be consistent with your routine from start to finish on each shot.

**5. No matter how bad it gets, don't ever give up!**

To schedule a clinic and learn more about Nora Ross Shooting School, log on to [www.noramartinross.com](http://www.noramartinross.com), or call **859-473-1622** /email [nstarross@msn.com](mailto:nstarross@msn.com)



**WORLD CLASS TARGETS FOR WORLD CLASS SHOOTERS**

1300 Post Oak Blvd., Ste. 680 Houston, TX 77056 800.322.7855 [www.whiteflyer.com](http://www.whiteflyer.com)

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