

WORLD CLASS SPORTING CLAYS TIPS

FROM ANTHONY I. MATARESE JR.



- 1. Break Zone**
The area where the target looks the biggest or clearest
- 2. Hold Point**
On targets flight line (not below), and back 1/3-1/2 the distance from the break point toward where you first see the clay
- 3. Timing Mechanism**
Example: to connect/insert the gun and clay together very close to hold point
- 4. Insertion of Gun**
Relative to clay - depends on distance and speed. In general, insertion should be a portion of total lead
- 5. Once Connected**
You must match speed for a moment (20 clay/20 gun) and then "stretch lead" (20 clay/21 gun)
- 6. FOCUS**
Once you have "connected" you should begin your visual lock on a part of the clay. This vision should peak at the break point

- 2008 National Sporting Clays Champion
- 6 US Open Podium Finishes
- 4 World FITASC Podium Finishes
- 2 Time National FITASC Champion
- All American Team Every Year Since 1997



To learn more about clay shooting instruction, or to schedule individual or group coaching with Anthony I. Matarese Jr., call 609-685-0704 or log on to www.clayshootinginstruction.com



WORLD CLASS TARGETS FOR WORLD CLASS SHOOTERS

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